

Principles and values

associated with clean sport

The importance of **values** within the context of **anti-doping education** is highlighted in the definition of education in the **Code**: “Education is the process of learning to **instill values and develop behaviors** that foster and **protect the spirit of sport**, and to **prevent** intentional and unintentional doping”.

The values will be **unique** to each organization. Examples of values that reflect clean sport include **fairness, respect, honesty, determination and integrity**. It can also help to think about values of **Olympism**, including:

-  • Health
-  • Ethics, fair play and honesty
-  • Athletes' rights as set forth in the Code
-  • Excellence in performance
-  • Character and Education
-  • Fun and joy
-  • Teamwork
-  • Dedication and commitment
-  • Respect for rules and laws
-  • Respect for self and other Participants
-  • Courage
-  • Community and solidarity

The **International Olympic Committee (IOC)** values are excellence, friendship and respect. The **International Paralympic Committee (IPC)** values are respect, integrity, fairness, collaboration and excellence.